



# NEWSLETTER

✉ [Connect@pcfYork.co.uk](mailto:Connect@pcfYork.co.uk)

## ↓ Join us at one of our upcoming PCF York events



### Parent Carer Signposting First Weds in every month (term time)

An opportunity for parents who are new to the world of SEND to ask questions and receive signposting to what parents tell us are the most useful resources.



**Wednesday 1st July**  
**6.30pm – 7.30pm, Online**



### Cuppa and Chat First Mon in every month (term time)

An online meet-up for parents and carers who may struggle to attend in person meet ups. Join us to connect with others in our community, share, offload, celebrate, or ask questions.



**Monday 6th July**  
**7:00pm–8:00pm, Online**



### Coffee Morning First Tues in every month (term time)

Join us for a coffee morning to connect with other parent carers and share your experiences.



**Tuesday 7th July**  
**10:30am–12:00pm, New Earswick Folk Hall**



### Coffee Morning Second Weds in every month (term time)

Join us for a coffee morning to connect with other parent carers and share your experiences.



**Wednesday 8th July**  
**10:30am – 12:00pm, Acomb Explore**

### Information Sessions at SEND Central in collaboration with PCF York

Upcoming sessions:

#### Preparation for Adulthood Multi Agency Drop In Session



**Friday 26th June**  
**12pm – 1pm, at SEND Central**

Join us for a multi-agency drop-in session for families and young people seeking information, advice, and support around post-16 pathways and transition to adulthood. Representatives attending include:

- The City of York Specialist Learning & Employment Adviser (SLEA) Team, providing guidance on post-16 education, training, employment, and support options available in York.
- Preparation for Adulthood social work representatives from Children's and Adult Social Care, offering advice on transition planning and available support.
- An NHS Transitions Nurse, providing information about healthcare transitions into adult services.

#### Information Session Barriers to School Attendance



**Tuesday 30th June**  
**1pm – 2pm, at SEND Central**

Join us for an information session led by the Educational Psychology Team around understanding barriers to school attendance and how to support your child or young person when they are experiencing significant barriers to school engagement. No need to book just come along. If the weather is nice we may hold this workshop in our outdoor space.

For online events, the meeting link can be requested via email: [connect@pcfYork.co.uk](mailto:connect@pcfYork.co.uk)

WORKING TOGETHER  
TO MAKE THINGS BETTER

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## ↓ Upcoming events at SEND Central

### Pre-school SEND Play Group

No need to book, just turn up.

📅 **Wednesday 17th June**  
★ **10am - 11.30am**

A Pre-school SEND Playgroup runs on Wednesdays at SEND Central, led by either York Inspirational Kids, Portage or a SEND Parent Champion. Please check the SEND Central website for future dates.

### Think Together Workshops

Introduction to Anxiety

📅 **Wednesday 17th June**  
★ **10:00am - 11:30am**

A workshop for parents/carers to learn about Anxiety and how it can present in young people. This will include advice on how to manage symptoms of Anxiety and information about local services.

**Held at SEND Central. No booking required.**

### Wellbeing in Mind Workshops

Workshops for parents, carers and their young people who are **home educated**. The sessions are relaxed and informal, and adapted based on what comes up in discussion on the day.

**Held at SEND Central. No booking required.**

📅 **Monday 15th June**  
★ **11:00am - 12:00pm**



Consultation appointments are also available throughout the day for parents/carers and professionals. Consultation sessions need to be booked in advance by contacting: [sendcentral@york.gov.uk](mailto:sendcentral@york.gov.uk)

🔗 [Link](#) **Timetable of Events at SEND Central**

✉ **For more information about SEND Central events, email: [sendcentral@york.gov.uk](mailto:sendcentral@york.gov.uk)**

## Improving transitions to Adult Social Care

Families are invited to share their experiences of moving from children's to adult social care as part of a national SCIE project with the Department of Health and Social Care and the Department for Education.

Your feedback will help improve the support, information and processes for young people and families going through transition in the future.

- **Take the short 10-minute survey: SCIE – DHSC Transitions Survey.**
- **Join the parents/carers online workshop, 26 June, 10am-12pm):** contact [transitions@scie.org.uk](mailto:transitions@scie.org.uk) to register

Your views will help shape better practice, guidance and support for families.

## Help shape York's accessible and inclusive play areas.



**Share your views** before 30 June 2026 to help create play spaces that meet the needs of disabled children, young people and their families.

## Supported Internships Programme

York College is offering supported internships for young people aged 18–24 with an EHCP, with work experience opportunities including Aviva, LNER and City of York Council.

**Find out more information.**

## Thrive CIC Meet Up - Rowntree Park

**For families with children with additional needs, SEND and Adopted.**

📅 **Sunday 14th June**  
★ **11:00am - 1:00pm**

Meet in the main play area. For more information contact [thrive063@gmail.com](mailto:thrive063@gmail.com) / 07745057815

YORK **sendiass**

Visit the [York SENDIASS website](#)





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## Autism Support for Parents Support for parents and carers from the Specialist Teaching Team for Autism

### In-person drop-in support.

No need to book, just come along and meet a Specialist teacher and Specialist TA from the Autism Team. Meet other parents to discuss general issues and concerns, find information and look at useful resources. These sessions take place during term time on **Wednesdays** between **1.30pm and 2.30pm**, at the **YIKS All About Autism Hub, at SEND Central.**

#### Upcoming sessions:



- **Weds 17th June**
- **Weds 24th June**

### Morning phone line sessions.

To book one of the 20 minute phone call sessions, email: **parentcarerautismsupport@york.gov.uk** with your name and a contact telephone number. Sessions are **fortnightly on Wednesdays** during term time, between **9am and 12 noon**. Bookings close the Thursday before the session.

#### Upcoming sessions:



- **Weds 24th June**
- **Weds 8th July**

## Early Support Playgroup

Free drop-in stay-and-play sessions for parents, carers and preschoolers with additional needs. Meet others, explore learning through play, receive signposting info and support strategies.

### Mondays

Weekly in the Willow Room at The Avenues Children's Centre, **10am to 11:30am**

#### Upcoming dates:



- **Mon 15th June**
- **Mon 22nd June**

### Tuesdays

Weekly in the Cherry Room at Hob Moor Children's Centre, **10am to 11.30am**

#### Upcoming dates:



- **Tues 16th June**
- **Tues 23rd June**

### Wednesdays

Term time: 2nd and 4th Weds in the Little Stars Playroom at SEND Central, **9:30am to 11am**

#### Upcoming dates:



- **Weds 24th June**
- **Weds 8th July**

## Autism Central Autism Support For Families and Carers

Autism Central offers free one-to-one online coaching and group learning sessions for anyone supporting, caring for, or working with autistic people in England. All events are free NHS England-commissioned sessions delivered by Anna Freud and are peer-led, co-produced, and informed by lived experience and research. **Upcoming group learning sessions:**

- Autistic people's experiences of emergency departments: what families need to know - 26th June 2026
- Understanding autistic young people's experiences of mainstream primary schools - 17th July 2026

**Visit Autism Central to learn more about one-to-one support and upcoming events.**

## Improving the Local Offer Website

Your feedback can help make the Local Offer website easier to use, more accessible and more relevant for children and young people with SEND and their families. By sharing your experiences, you'll help identify what works well, what could be improved and what information families need most. This feedback will be used to shape future updates and improvements to the website. The survey only takes a few minutes to complete, and every response will help create a better Local Offer for families across York.

**Share your feedback here.**



Visit the SEND Central website to stay up to date with events running at York's SEND Hub

